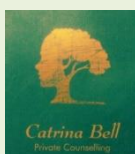


Oak Tree Therapies



Address; Houstons Mill, 10 Buckna Rd, Broughshane, BT424NJ

E-mail; oaktreetherapies@outlook.com

Telephone; 07763823224

Website; www.oaktreetherapiesni.com

Welcome to Oak Tree Therapies where my aim is to deliver a professional and confidential, safe environment to support you in finding a better way forward within your life.

What I can offer you as your therapist;

- ❖ This is an opportunity to find answers, solutions to the problems in your life.
- ❖ To develop a greater understanding of yourself, your strengths, and to find healthy ways of applying them within your life, making healthy changes.
- ❖ I am an therapist, accredited with the BECK institute USA, BACP (British association for counsellors and psychotherapists) and NCS (national counselling society).
- ❖ I promise I am not here to make decisions for you because you are in charge of your own life and our aim is to enhance that sense of control and so, with your full engagement and commitment to working together we can work to achieve the goals you hope to attain through our therapeutic sessions together so it is important that you reflect upon the things discussed during our sessions and carry out any tasks agreed, where possible, between our sessions.

Confidentiality - to protect your right to privacy;

All that is disclosed during our sessions, will remain confidential in keeping with good practice and the ethical framework stipulated by the professional bodies of BECK institute, BACP, NCS, AFSFH and the UK Reiki federation.

The limitations, exceptions to maintaining client confidentiality require an implied/informed consent;

- Implied consent; is consent which is implicitly granted following their actions and the facts, circumstances within a situation having agreed to the boundaries of confidentiality which ethically and legally require the need to breach.
- Informed consent; permission is granted in full knowledge of the possible consequences (risks/benefits).

These exceptions include;

- ❖ Disclosures wherein there is known or suspected risk of harm to yourself or others.
- ❖ Disclosures wherein there is known or suspected risk or potential concern regarding abuse, neglect or safety of a child or vulnerable adult.

- ❖ Disclosures wherein there is a legal obligation to disclose information; sharing information wherein a crime has been committed.

However, if any of these issues present themselves, we will explore the issue together and take the issue forwards together in keeping with mutual respect in accordance with an open honest therapeutic relationship.

Data protection;

All records, personal details, identifiable information, are all held within accordance to the Data protection act 2018.

Appointments;

- ❖ I will endeavour to provide weekly sessions (or at longer intervals if required). However, as sessions progress, they may become fortnightly, monthly, depending on the need at that time.
- ❖ Each session will last 50 -1 hr.
- ❖ I would ask that should you need to cancel an appointment, please (if possible) provide 24hrs notice via the contact details provided above and we will arrange another suitable time/date/venue.
- ❖ Each session is payable by paypal/bank transfer.
- ❖ Price of therapy;
- ❖ CBT £80.00
- ❖ Clinical hypnotherapy/psychotherapy £80.00
- ❖ Counselling/NLP £60.00
- ❖ Reiki/Egyptian Sekhem £40.00

Complaints/feedback;

As such, should you wish to avail of the complaints procedure or leave a comment, simply follow the signs on the website for either organisation.

I do/not (please delete where appropriate) agree to the terms and conditions of Oak Tree Therapies;

- ❖ Client signature;.....
- ❖ Therapist signature;.....
- ❖ Date;.....

